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# AGIS

Alexandria  
GastroIntestinal  
Specialists

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## Instructions on EGD Preparation:

Your procedure is on: \_\_\_\_\_.

DO NOT EAT OR DRINK AFTER MIDNIGHT.

You may take your blood pressure and heart medications with a small sip of water the morning of the procedure. Diabetics should hold all diabetic medication or insulin shots the morning of the procedure.

If you take Aspirin, Plavix, or Coumadin, you need to stop taking this medication 3 days before your procedure.

If you have any questions, please call Tabbie at 318-448-5310.