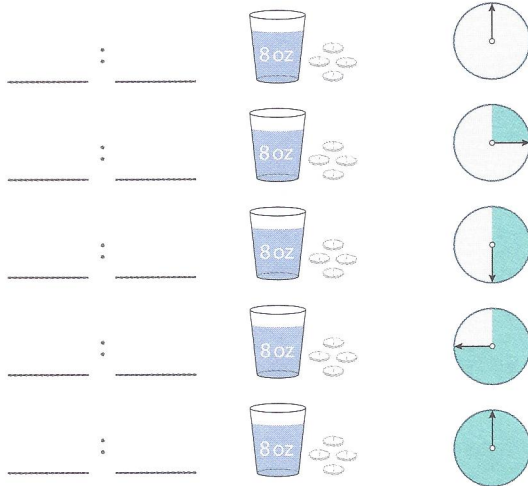


OsmoPrep[®] Dosing Instructions **Split Dose**

OsmoPrep dosing consists of 2 series of tablets taken with a clear liquid of your choice.

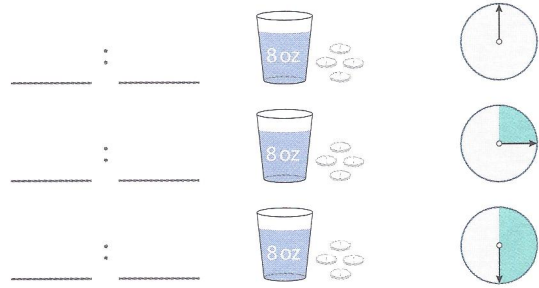
Beginning at 6 pm First Dosing Series

One dose (swallow 4 tablets with 8 oz of any clear liquid)
every 15 minutes for a total of 5 doses (20 tablets)



Beginning at 6 am Second Dosing Series

One dose (swallow 4 tablets with 8 oz of any clear liquid)
every 15 minutes for a total of 3 doses (12 tablets)



Examples of clear liquids are water, ginger ale, apple juice, sports drink, and lemonade (no pulp). Do not drink any liquids colored red or purple. If you are not sure, ask your doctor if a particular drink is acceptable.

You must complete the entire OsmoPrep regimen to help ensure the most effective cleansing. This will be 32 tablets. If you do not complete the regimen, your doctor may not be able to see your colon clearly.

Importance of Hydration

A colonoscopy prep will cause the body to lose a lot of fluid. This can result in illness due to the loss of too much body fluid (dehydration). It's important that you prepare your body by drinking extra clear liquids before the prep. Stay hydrated by drinking clear liquids during the prep as directed. Replenish your system by drinking clear liquids after returning home from your colonoscopy.

Please see front side for Important Safety Information.
Call your doctor for medical advice if you experience side effects.

If you have any questions, please call our office at _____

Reference: 1. Rex DK, Johnson DA, Anderson JC, Schoenfeld PS, Burke CA, Inadomi JM. American College of Gastroenterology guidelines for colorectal screening 2008. *Am J Gastroenterol*. 2009;104:739-750.



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